

2022

Week 1 Meat/Meat Alt. & Grain	Monday	Tuesday	Wednesday	Thursday December 1	Friday December 2
Entrée Choice 1 Option 1: or Option 2:				Corn Dogs	Big Daddy Pizza or -Spicy or Regular Chicken Patty on Bun
		5 2		-Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w/Baked Sun Chips & WG Muffin
Vegetable: Choose 1 or 2		Christmas Dinner Wednesday December 7, 2022		- Corn -Broccoli	- Seasoned Broccoli- Toss Garden Salad
Fruit: Choose 1 or 2		7, 2022		Applesauce -100% Fruit Juice	- Fresh Orange -100% Fruit Juice
Milk Choose 1				-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim

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Week 2 Meat/Meat Alt. & Grain	Monday December 5	Tuesday December 6	Wednesday December 7	Thursday December 8	Friday December 9
Entrée Choice 1 Option 1: or Option 2:	Chicken Patty on WG Bun	RPS Burger w./ or w/o Cheese on WG Bun	Oven Baked Chicken w/ Stuffing/ Gravy/Cranberry Sauce/ Rolls	Breakfast for Lunch Turkey Sausage French Toast Sticks	Pizza Dippers w./ Marinara Dipping Sauce
	Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin
Vegetable: Choose 1 or 2	-Green Peas -Oven Baked Fries	-Baked Beans -Pickle Spears/Tom/Lettuce Cup	Mashed Potatoes Green Beans Baby Carrots	-Hash Brown Potato Patty -Fresh Baby Carrots w./ LF Ranch Dip	-Seasoned Corn -Grape Tomato & Cucumber Cup w/ LF Ranch Dip
Fruit: Elementary	-Fresh Apple -100% Fruit Juice	-Fresh Orange Chilled Fruit Cup	Chilled Fruit Cup -Frozen Peach Cup	-Fresh Fruit in Season -100% Fruit Juice	-Fresh Strawberries -Frozen Peach Cup
Milk Choose 1	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim



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Week 3 Meat/Meat Alt. & Grain	Monday December 12	Tuesday December 13	Wednesday December 14	Thursday December 15	Friday December 16
Entrée Choice 1 Option 1: <u>Or</u> Option 2:	RPS Burger w./ or w/o Cheese on WG Bun	Penne Pasta with Meat Sauce & WG Breadstick	Chicken Tenders Wrap and Dip	Corn Dogs	Big Daddy's Pizza
Opuon 2:	-Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin
Vegetable: Choose 1 or 2	-Baked Beans -Pickle Spears/Tom/Lettuce Cup	-Seasoned Broccoli -Toss Garden Salad	-Black Beans Fiesta - Pickle Spears/Tom/Lettuce Cup	- Corn -Broccoli	Corn on Cob Spring Mix Salad
it: Elementary Choose 1	-Fresh Apple -Frozen Peach Cup	-Fresh Orange -100% Fruit Juice	-Fresh Watermelon -Frozen Peach Cup	Chilled Fruit Cup 100% Fruit Juice	-Fresh Strawberries -Frozen Peach Cup
Milk Choose 1	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim



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